



European Solidarity Corps project “Quality Label 2”

2022-1-LV02-ESC51-VTJ-000067663



**EUROPEAN
SOLIDARITY
CORPS**

**in Rezekne, LATVIA
15.10.2023.-15.12.2023**

Hosting place: Rezekne Social center

Project description:

The project objectives are the following: to give young people opportunities to learn new set of professional skills, gain experience in leadership, team building and communication, develop intercultural dialogue and cooperation between young people and local inhabitants for better employment opportunities in the future.

Through this project we want to promote solidarity between nations, to integrate and unite the European volunteers and local young people, promoting European cultures, languages and European Solidarity Corps programme, as well as to make changes in young people's life and environment around them.

Project description. Rezekne Social center

The volunteers will work in Rezekne Social center from **15th October 2023 – 15th December 2023**. Their tasks will be to make the retirement age people's life more interesting and active, help them to gain personal and social awareness. The volunteers and the staff working in the Social center will learn from each other, gain mutual understanding, make the link between younger and older generation, as well as between different nationalities. The volunteers will work in the Pensioners' Day Center, where they will promote the integration of pensioners into European society, raise their knowledge of the processes taking place in Europe, promote intercultural dialogue, understanding of the diversity of nations, languages, cultures, provide information on what is happening in their native countries and provide intercultural education. In the Social center there is a friendly pensioners' group - active and joyful people who like to spend time together, celebrate the holidays, make handicraft etc. The volunteers will need to bring their enthusiasm and energy into events, sharing their culture and traditions. The volunteers will give English, German, English, Spanish, French lessons (depending on their own native languages). They will organize computer classes, cookery, sport lessons for seniors. The volunteers will be able to intensively practice Russian or Latvian in the center. The volunteers will also work in the center for children with mental disabilities and the center for children at risk group. There the volunteers will make handicraft, spend time together, give language lessons and make some activities for children. The volunteers will gain non-formal learning while doing their work by communicating with their colleagues, other volunteers and local people.

The volunteer will have 5 working hours every working day. The volunteer will have two days off per week on Saturday and Sunday. The volunteer will have two additional free days every month.

The volunteer will have access to the online Latvian language course.

The volunteer will be able to do other creative activities in the city, cooperate with other volunteers from different cities and organisations.

Accommodation description

The volunteer will live in the flat together with other volunteers from European countries. The flat will be equipped with all necessary household appliances and facilities. The flat is paid by the project budget.

Food allowance 130,00 EUR/per month

Pocket money 4,00 EUR/per day

Travel costs 275,00 – 360,00 EUR (according to distance calculation)

Project dates: 15th October 2023 – 15th December 2023

Project place: **Rezekne, Latvia**

Hosting organisation: Rezekne Social center

Coordinating organisation in Latvia: European Association “World-Our Home”

ABOUT European Association “World-Our Home”

European Association “World-Our Home” is an NGO active at European level working in youth, social, educational and cultural fields since 1999. The main aim of Association is promotion of European active citizenship, solidarity, multiculturalism, human rights and other values as well as non-formal education on local, regional and European level. The organization is busy with European youth exchange projects, seminars, trainings, international cultural projects. The organization actively participates in Erasmus +, Europe for Citizens, EEA Grants programmes. WOH is a hosting, sending and coordinating in ESC programme. The organization gives people the opportunity to learn foreign languages and get acquainted with different cultures in order to get European awareness, to gain more possibilities for social integration into the European community and make successful choice in their career. EA “World Our Home” joins youth organizations around Europe, and it has a strong cooperation with public and education institutions and other European networks.

ABOUT Rezekne <https://www.youtube.com/watch?v=NMAM1OBpT9o&t=11s>

Rezekne is a town in Latgale region of the Eastern Latvia. It is called the Heart of Latgale (Latvian Latgales sirds, Latgalian Latgolys sirds). The town Rezekne is built on seven hills. There are a lot of nice lakes and beautiful nature around it. Rezekne has a population of 30,000 people, and it is the 7th largest city in Latvia.