

2ND TO 9TH SEPTEMBRE 2024





THE PROJECT Lion

During the 8-day training course, we will discover how to use circus pedagogy as a method of youth work. We use circus activities as a form of pedagogy in teaching and in non-formal education. Our main idea is that circus activity is appealing and fun for everybody, making it ideal as a tool for educational work with youngsters.

The aim is to introduce youth workers and youngsters to positive, healthy activities that encourages co-operation, and strengthen confidence, while developing co-ordination and persistence. The end result is much more than learning these skills – it also helps to improve self-esteem, build on a social capital and direct people towards positive ways of living.

The main goal of our project is to teach the participant basics of various circus skills such as partner and group acrobatics, juggling, diabolo, balloon modelling... and show them how to prepare and implement a circus workshop, which they can use as a tool in their work with youngsters. On the end of our training course, all the participants will be equipped with knowledge how to prepare and implement a basic circus pedagogy workshop on their own. After the project, their task will be to lead a circus pedagogy workshop for youngsters in their country and this way disseminate results of the training course.

During the project, participants (with the help of trainers) will prepare a short circus performance that they will perform for the local community. After the performance, the participants will lead a circus pedagogy workshop for the local community and test their newly learned skills.

THE TEAM

The project team is an international, multidisciplinary team, who is really motivated to work on this project! The trainers' team is composed of Anja Mikič and Denis Crovella. The whole team, including the trainers are really open-minded people and have a lot of experience in international youth work on the topics of circus pedagogy.





PARTICIPATING COUNTRIES AND NUMBER OF PLACE PER COUNTRY

Country	Number of participants	
France	4	
Tunisia	3 4 2	
Morocco	3	
Algeria	3	
Türkiye	3	
Greece	2	
Italy	2	
Spain	2	
Portugal	2	
Malta	2 TUNISIE	



PARTICIPANTS PROFILE

The training course will take place in **Bidart, France**, from **2nd to 9th of Septembre 2024** and it will bring together a group of **26 young people from 10 partner countries**. The project is targeting youth workers, trainers, coordinators and facilitators from all fields of non-formal education who are motivated to learn about circus pedagogy.

We are looking for youth workers/youth leaders who are **over the age of 18** with a good level of English, who will be willing and committed to participate actively in ALL sessions (about 8 hours a day):

- All participants **HAVE TO BE OVER 18 YEARS OLD** and **HAVE RESIDENCY IN THE SENDING COUNTRY**.
- We encourage gender diversity.
- All participants should speak and understand English.





- Participants should already be involved in youth work or be motivated to get involved with it.
- Participants should be interested in making follow up activities.

WHAT WE OFFER

Thanks to the financial support of the Erasmus+ Programme, we offer the following conditions:

- Food and accommodation during the training course will be provided
- Travel costs will be reimbursed up to an agreed limit depending on the sending country:

France, Spain	Tunisia, Morocco, Algeria, Italy, Portugal, Malta,		Türkiye, Greece
180 EUR	275 EUR	MALTE ME	360 EUR

THE VENUE: BIDART (FRANCE)

The Training Course will take place in Bidart, a coastal village situated in the south-west part of France.

LIVING

The accomodation is a Holiday center adapted for groups. There is a park in the front and it is close to the beach.

- Participants will be accommodated in dorm style rooms of 4 to 6-beds (bunk beds). Rooms are simple and without any luxury.
- Bathrooms are either in the rooms or shared.
- Water from the tap is drinkable.
- Bed linen will be provided, but please bring a towel!
- The accomodation is a non-smoking environment, so you have to go outdoors to smoking.
- Unfortunately, it is not possible to wash your clothes at the hostel.





Meals will be served at the accomodation, starting with dinner on the 2nd of Septembre. On the 9th of Septembre, breakfast is included as well.

Simple but delicious: During breakfast you can choose what you want to eat from a buffet. Lunch and dinner will be a common dish according to everyones dietary needs.

You can make our tea breaks more interesting! Bring a food item from your village, city, family, community, region, or country to share with the others.

ARRIVAL AND DEPARTURE

The arrival day is Monday, 2nd of Septembre 2024 and the departure day, Monday, 9th of Septembre 2024. All participants have to arrive on the arrival day to the venue. If you plan to come a bit before or leave a bit after the project, please contact us before booking your tickets.

PRACTICALITIES

Health insurance:

It is mandatory to have a valid travel and medical insurance (European Health Insurance Card) during your travel. The host organization will not cover any personal health insurance for participants. Participants have to be aware that obtaining a health insurance is their own responsibility.

HOW TO GET THERE

By bus or train

There are train connections to Bayonne, for example with the TGV from Paris, Bordeaux or Toulouse.





Usually the cheapest buses are the Flixbus or Blablabus ones but you can find cheap Eurolines buses as well. https://global.flixbus.com/ https://www.blablacar.fr/bus

There is also the option of getting ride share with Blablacar but this is less reliable as driver can cancel easily.

https://www.blablacar.fr/

Airports are situated in Biarritz, Bilbao (Spain), San Sebastian (Hondaribia, Spain), Pau, Tarbes/Lourdes, Toulouse or Bordeaux.

There are cheap flights from all over Europe to these airports. Check <u>Ryanair</u>, <u>Volotea</u>, <u>Easyjet</u> but you can also look other website like <u>Skyscanner</u>.

To get to Bidart you will have to take the local <u>Txik Txak</u> buses to the Uhabia bus stop in Bidart. From there, you will need to walk the 1.2 km to the accommodation.

If you come late after the last bus, please, contact us.

And when you plan your travels, don't forget to have a look at greenerasmus.org for tips and advice on reducing your carbon foot print and make your Erasmus + experience more environmentally friendly

TRAVEL TIPS AND REIMBURSEMENT CONDITIONS

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on economy class tickets and plan the cheapest route possible to the project venue and back home.
- If possible, travel together with participant from your country (come with the same plane, bus, train which will make our and your organization much easier).
- If the travel costs exceed the amounts specified above, you will have to pay the difference.
- Taxi rides can only be refunded in special situations and have to be discussed in advance with us.





Failure to participating in a minimum of 80% of the content sessions or inappropriate behaviour might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

Reimbursement will be done by bank transfer after your arrival home and after you send us all the original travel documents and the proof of their purchase (tickets, boarding passes, invoices, receipts, bank statement etc.). So please keep ALL the travel documents. Also, reimbursement of transport will be done only to participants who fully attend the training course activities and after filling the Mobility Tool Participant's Report that you will receive after attending the training.

HOW TO APPLY

Please fill in the application form: https://forms.gle/rJR3atLz7X6wKHAh9

Deadline for applications is: 2nd of July 2024

For any questions related to the application, please contact us at lavilla.association@gmail.com

More infos about the host organisation at

https://la-villa.org/

https://www.facebook.com/profile.php?id=61553091286437



