

Are you interested in European matters?
Do you like to encourage people to travel abroad?
Join our team and become our next...

AMBASSADOR OF EUROPE!

FROM 01 OCTOBER 2024 TO 30 JUNE 2025
LISIEUX, NORMANDIE (FRANCE)

FROM LE LAB LISIEUX
IN THE UNIVERSITY CAMPUS

CITIZENSHIP AND
DEMOCRATIC
PARTICIPATION
EUROPEAN IDENTITY
AND VALUES
YOUTHWORK



LE LAB LISIEUX

Le Lab Lisieux Normandie is located in Lisieux, in Normandie region (France).

Our aim is to welcome and inform young people on different topics such as: trainings, employment, youth international mobility, European citizenship...

We collaborate with secondary schools, universities, municipalities, youth centers, etc.



THE PROJECT

Le **Lab Lisieux Normandie** is looking for 1 european volunteer to promote European citizenship and youth international mobility to local youth.



The volunteer will:

- * Raise the awareness of local youth by **preparing and performing workshops** in schools, participating in local fairs, contributing to various events, recording podcasts on local radios, etc.
- * Encourage intercultural dialogue with the public by developing **pedagogical tools and methods** in order to talk about European citizenship
- * Contribute to create several events in May 2025 in the frame of the **European Day celebration** (called "Joli Mois de l'Europe")
- * Participate in writing of articles and publications on our website and social networks
- * **Help the team** to realise its actions throughout the year
- * Carry out **your own personal project** on the theme of Europe

YOU WILL...



- ...work under the supervision of a **professional tutor**
- ...collaborate together with the organisation's team on other topics: employment, jobs, studies and trainings, leisure time, civil and social rights, etc.
- ...have the opportunity to implement **your own project**
- ...be invited to **lead your own activities** in order to introduce your culture and language



PROFILE WANTED

- You are aged between 18 to 30 years old
- You have **social skills** and **creativity**
- You are interested in **European citizenship** and **democratic participation**
- You are comfortable to **talk in public** (or you are **willing** to achieve this skill)
- You are used to **digital tools** and **social media**

Being able to
speak and
understand French
is a plus!**

**if you don't speak French but you are willing to learn is also a plus :)



BENEFITS

According to the European Solidarity Corps programme, the project covers all costs related to:

- Travel from your home country (back and forth)
- Accomodation
- Food and pocket money (monthly allowance)
- Public transport
- Health insurance (provided by Cigna insurance)

You will get:

- An electric bike
- A free access to the Online Language Support platform

You will have the opportunity to develop your own project related to your personal interests.



You will be hosted in a **studio** on the center of Lisieux.

The room (studio) will be **furnished**, has a **bathroom** and **kitchen** and has access to a **wi-fi** connection.

PRACTICAL INFORMATION



At the end of each month, the volunteers will receive both money for the groceries and pocket money for their personal use (**480€ in total**). If you need it at the start of your voluntary service, you will be accompanied to a local bank (Crédit Agricole Normandie) to open a French account in which you will receive your money each month.



The **travel costs** are going to be **reimbursed**. Any costs exceeding that amount will be covered by the volunteer.

The most important facts about reimbursement:

- always **ask** before you buy the tickets
- **keep** the original receipts
- **bring** all the papers back to Le Lab



Lisieux Normandie Agglo will **not** provide you with a french SIM card or phone. If you think that you would profit from a french contract during your voluntary service you will have to take necessary measures yourself.

DISCOVER NORMANDIE

NORMANDIE



Normandie has several places and traditions listed as **UNESCO World Heritage sites**, as well as villages listed among the "Most Beautiful Villages of France" and spas. In addition to these remarkable sites, and many beautiful detours, each town and village in Normandie is worth discovering!

From **Mont-Saint-Michel** to **Tréport**, from **Cherbourg** to **Alençon**, Normandie offers a fantastic mosaic of landscapes.

LISIEUX

Lisieux is a town with 20.000 inhabitants.

It is located just **2 hours by train from Paris!** It is 50 km away from **Caen** (20 min by train), 73 km away from **Rouen** (45 min by train), and 29 km from **Deauville-Trouville** (20 min by train).

It has a magnificent **basilic** who resisted the bombs of the Second World War (we have a lot of history!)



DISCOVER NORMANDIE

LANDING/BATTLE

In 1944, on the 6th of June and during the long summer that followed, men from all over the world came to fight in Normandie to bring down Nazism and restore Freedom.

36 KM



DEAUVILLE-TROUVILLE

Deauville With its casino, palaces, listed villas, racecourses, marinas, convention centre, American Film Festival, golf courses and nightclubs, it is considered to be one of the most prestigious seaside resorts in France.

Trouville Considered as Deauville's twin, Trouville is one of the oldest seaside resort of Normandy. The years have passed and the town has grown, but it has managed to retain its soul as a small fishing port and still charms visitors.

29 KM



DISCOVER NORMANDIE

MONT-SAINT-MICHEL



Mont-Saint-Michel has the unique feature of being built on a rocky islet, surrounded by a magnificent bay, the location of the highest tides in continental Europe. The Mont and its bay are classified as a UNESCO World Heritage Site. It is one of the most visited monuments in France

**139
KM**

ÉTRETAT

Étretat, a romantic setting overlooking the English Channel, has inspired the most illustrious artists. A few moments on the spot are enough to understand why...

The singular shape of its cliffs, be it the Manneporte, the Courtine or the Aiguille, invites the imagination.



60 KM

DISCOVER NORMANDIE

CAEN

- Botanical Gardens: 2,000 rare plant species
- Meadow and racecourse: 90 hectares of greenery with an aviary
- Jardins des Simples: aromatic and medicinal plants and a vegetable garden in the medieval castle
- Parc de la Colline aux oiseaux: 17 hectares of landscaped gardens (labyrinth, fountains, animal park, play areas and a rose garden with 570 varieties)
- Michel d'Ornano Park, French garden of the Abbaye aux Dames
- Mémorial Museum ...

50 KM



ROUEN

Rouen, capital of Normandie, a region in the north of France, is a port city on the River Seine. An important city in Roman times and in the Middle Ages, it boasts Gothic churches such as Saint-Maclou and Saint-Ouen. The skyline is dominated by the spires of Notre-Dame Cathedral, often depicted by Impressionist painter Claude Monet.

73 KM



APPLY NOW!

SEND YOUR CV & COVER LETTER TO
SECRETARIAT.GENERAL@LELAB-NORMANDIE.COM
YOU HAVE UNTIL SEPTEMBER 21TH 2024



WWW.LELAB-NORMANDIE.COM



OUR SPONSORS
OUR SPONSORS
OUR SPONSORS
OUR SPONSORS
OUR SPONSORS

