

Are You Ready for a New Experience?

**Join us
Now!**
Fall 2025 /
Spring 2026



Send your request now to:
susanne.rosmann@4yougend.at
„Caritas invita projects“

ABOUT US

Caritas Upper Austria INVITA

Caritas INVITA's Headquater and ESC-Locations

Our headquarter (administration) of located in the beautiful Danube valley between Passau (Germany) and Linz (capital of Upper Austria) in a small village called „**Engelhartszell**“. However groups and locations of Caritas invita are spread all over Upper Austria. Our accredited project-groups for ESC-volunteers are located in or close to Engelhartszell and in the so-called area of the „**Salzkammergut**“, which was the European Capital of Culture in 2024.

Our Approach

We attend to people with mental and physical disabilities (which are our clients) and act in favor or their living, working and educational interests. Aim is to include people with disabilities into society and to enhance their autonomy in daily life. Our approach bases on the principals of the United Nations Convention on the Rights of Disabled and on the Upper Austrian Equal Opportunities Act.

Our Clients

Our clients are female and male grown-ups, facing different mental and physical disabilities. We offer to our clients: Assisted Living Opportunities, Mobile Support and Assistance, Work integration & Ability-Oriented activities.

Our Groups/Teams

Our ESC-volunteers are embedded in the work and the daily routine of their choosen project group (Assited Living or Activity Group).

Each groups has a teamleader and qualified staff members, with proven qualifications and professional experience in the field of working with people with mental and physical disabilities. On a chaning basis the groups also may get support from trainees, civil attendants, and/or regional volunteers.

Find invita on the web: [Caritas Upper Austria INVITA](https://www.caritas.at/upper-austria/invita)

ESC-BENEFITS:

- Financial Travel Support
- Free Accommodation
- Food- & Pocketmoney
- Inssurance
- Free German Class (A1)
- New Experiences
- And Much More...



About the ESC-Project groups

What are: Assisted Living & Activity Groups?

Assisted Living Groups

Our clients live on these groups.

ESC-volunteers who choose to volunteer on Assisted Living Groups support their chosen team in their daily work routine. Which means to support our staff and our clients to run their household, to prepare food, to support with dressing, cooking, writing, reading, talking, cleaning, etc. If needed to accompany clients to their work places or in their leisure time (e.g. taking a walk, out- and indoor activities, handi-craft work, etc.).

After receiving your application, we will send a detailed description of each available project-group. An overview about the available groups - see the next pages.



Volunteers
supporting
their groups

Activity-Oriented Groups

This are the groups where our clients „work“. The daily routine is to support our staff and clients in their work environment, their activity tasks and given chores. Depending on a client's condition the tasks will vary.

After receiving your application, we will send a detailed description of each available project-group. An overview about the available groups - see the next pages.



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Find your Project

Have a look at our ESC-Groups.

Next Start:
Fall 2025/
Spring 2026

Free spots:
up to 5
volunteers

Duration:
about 10,5
months

ACTIVITY GROUP „ENGELHARTSZELL“

Group Location:

Engelhartszell, Upper Austria, District: Schärding

Accommodation location:

Engelhartszell - groups within walking distance

Available Groups:

1 volunteer at „Laundry Shop & Operational Kitchen“

1 volunteer at „Beschäftigung 1“



ACTIVITY GROUP „PAMINGERHOF“

Group Location:

St. Ägidi, Upper Austria, District: Schärding

Accommodation location:

Engelhartszell - commute via arranged Shuttle service

Available Group:

1 volunteer at „FA Pamingerhof“



ACTIVITY GROUP „WIMM/WALDKIRCHEN“

Group Location:

Waldkirchen, Upper Austria, District: Schärding

Accommodation location:

Engelhartszell - commute via arranged Shuttle service

Available Groups:

1 volunteer at „FA Wimm/Waldkirchen“



ASSISTED LIVING GROUPS

„ENGELHARTSZELL“

Group Location:

Engelhartszell, Upper Austria, District: Schärding

Accommodation location:

Engelhartszell - groups are within walking distance

Available Groups:

1 volunteer at the Assisted Living Groups #1

1 volunteer at the Assisted Living Groups #3



ASSISTED LIVING GROUP

„HAIBACH“

Group Location:

Haibach ob der Donau, Upper Austria, District: Schärding

Accommodation location:

Engelhartszell - commute via arranged Shuttle service

Available Groups:

1 volunteer



ASSISTED LIVING GROUPS

„EBENSEE“

Group Location:

Ebensee, Upper Austria: District: Gmunden

Accommodation location:

Ebensee - next to the project place

Available Groups:

1 volunteer at the Living Group „mother/child-project“



ASSISTED LIVING GROUPS

„PFAFFING“

Group Location:

Pfaffing, Upper Austria, District: Vöcklabruck

Accommodation location:

Close to Pfaffing, within walking distance

Available Groups:

1 volunteer at the Living group # 1

1 volunteer at the Living group # 2



Your ESC-benefits

Accommodation, Financial Support, ...

Free Living

Every volunteer will have his/her **own furnished bedroom** in an shared apartment with a shared bathroom/toilet, living room/kitchen. The **shared rooms are equipped** with a TV, free WiFi, and a washing machine. You might also live together with other volunteer or civil servants.

Financial Support

Monthly pocket money:

According to the Activity Agreements, which is about € 6,00/per day.

Monthly food money:

Additional to the free lunch on your working days.

Financial support for visa and travel expenses:

According to a lump sum.

Off-Days/ Holidays

Your working days are Monday - Thursday. And your **weekends are from Friday - Sunday**. You get **2 days per month** for holidays, which you can collect for extended holidays, e.g. for visiting home or traveling around Europe, meeting other ESC-volunteers, etc. You will also have **off at all national holidays**, such as at Easter or Christmas.

Lunch/ food money

Along to the monthly pocket money, and food money, you have the chance to get **free lunch on your working-days**.

For breakfast/dinner and in your free time use your equipped kitchen, and take the chance to **cook together** with your co-volunteers or apartment mates, to find out about different dishes.

German classes

Every volunteers, who has no sufficient knowledge of the German language will take part in a **free German language course (level A1)**, which is within working time. After successfully finishing the A1 class you will have the chance to take the **A1 certificate**, at no cost. If you pass the certificate, you will get the chance to take a **German A2 level at no cost** in your free time or proceed with learning the free German language course which is offered via the ESC.

Trainings/ Meetings

You will have the **great opportunity to get to know other volunteers** from Austria at the On-Arrival-Training (Vienna) and the Mid-Term-Training (Salzburg), which is organised by the Austrian National Agency, and **at no costs for you**. Also benefit from the **organized meetings/trips from Verein4Youngend**, to meet other ESC-volunteers from Upper, where **all costs are covered**.



Get involved

Create.Live.

Bring in your own ideas

Every volunteer is invited to bring in their own ideas and projects. You may set up projects within your project groups and/or together with the other volunteers. Whatever the project idea is, we will try to support to bring it to life. This can be a solidarity project, a cultural project, an environmental project, etc.

Be part of the ESC- family

Right from the beginning you should use every possibility to set up a good network and communication with the other ESC-volunteers. You will spend your time together, live together, socialize together, share commons and differences, support each other, etc.

To be self-motivated, and self-reliant will help in many different aspects. Also use every offers and possibilities to build a network with other Austrian ESC-volunteers.

What others say?

What do former ESC-volunteers say about volunteering at Caritas invita? Have a look at the reflection reports of some of our former volunteers, that have been are published on the Caritas website (in German only ;)).

Check out the ESC-Reports of:

Yusuf: [click here](#)

Vasylyna: [click here](#)

Paula: [click here](#)

Auregan: [click here](#)

Maria: [click here](#)

Enver: [click here](#)

Erkan: [click here](#)

Rafet: [click here](#)

Dinara: [click here](#)

Find more: [Caritas Upper Austria invita - ESC](#)



We look forward to Meet.You.

What we ask for!

Mental Stability!

For volunteering in the field of people with mental and physical disabilities, it is MENDTORY that the volunteer is in a **mental/psychological stable, and general good health condition!**

Take the chance!

Grow with new experiences!

Get involved!

Apply now!

We are looking forward to motivated and self-reliant volunteers.

Apply now and spend a long-term volunteering opportunity at Caritas Upper Austria INVITA!

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