



NEXTGEN

CITIZENS

04-11.08.2025, WARSAW POLAND



Erasmus+



PROJECT FRAMES

„NEXTGEN CITIZENS” is a youth exchange project for young people 16-20 y.o. (5 participants + 1 adult leader per country) aiming in topics of youth participation in civic society and building a strong young leadership through actions and developing the Youth Councils.

Our programme idea contains:

- Teambuilding activities**
- Visit in Polish parliament**
- Meeting with Polish Council of Youth Organisations**
- Activities strengthening leadership abilities**
- Integration among young leaders from Europe**

**THE FINAL TASK OF THE PROJECT IS TO CREATE
A FRAME OF A PERFECT REALITY FOR YOUNG
PEOPLE TO PARTICIPATE IN CIVIC SOCIETY**



VENUE

The project will take place in WARSAW - capital of Poland 🇵🇱

Participants will be accommodated in 4 bed cabins in beautiful Powsin, district of Warsaw covered with peaceful forests and parks. Each cabin have private bathroom, fridge, TV and kettle. Additionally, there will be kitchen open for all guests, where breakfasts and suppers will be prepared together by the participants.

The activities will be held in different places according to daily schedule, mostly in outdoor areas so be ready to spend the time outside (also for the workshops) and to walk in some days 🚶 🚶





TRAVEL

There are 7 main airports in Poland. 2 are placed in/close to Warsaw (Chopin Airport and Modlin), so that are the best options, but other cities also have a good train connection to our capital:

- Poznań (around 2h20min)
- Wrocław (around 4h)
- Gdańsk (around 2h40min)
- Katowice (around 3h)
- Kraków (around 2h30min)

PUBLIC TRANSPORT

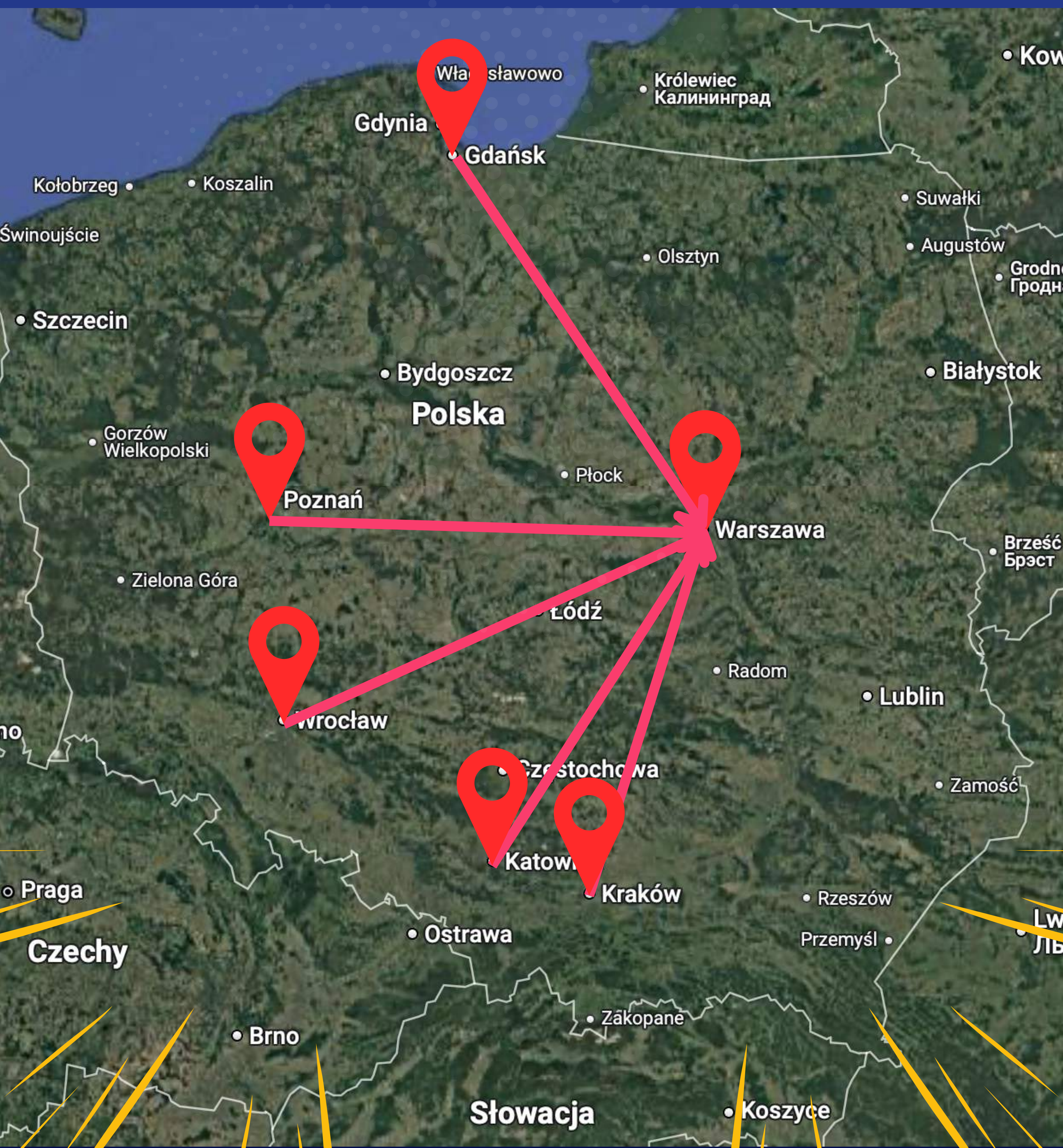


For the trains we recommend to use „PKP InterCity” app. You can check there time of departure, buy a ticket online (student discount is only for students of Polish universities!) and check any delays. For the (inter)city transport you can use „jakdojade” app, where you can buy bus tickets and mini map shows you location of stops.





TRAVEL





TRAVEL COSTS

We will reimburse your travel costs within the Erasmus+ limit:

Distance	Standard	Green
100-499	211	285
500-1999	309	417
2000-2999	395	535

Before deciding on using the green travel option, please check the possibility and eligibility with us.



IMPORTANT INFO

Weather in Poland is tricky. During summer it should be mostly warm and dry but please take both sun screens and umbrellas - it could be also rainy.

During activities you can wear comfortable clothes but bring also more formal outfit as we will have a day or two spent in government buildings.
Please bring also your own cosmetics and towels.

We will host an intercultural evening so bring with your national team some sweets, food or drinks to present your country to others.

Please consult your travel plans with the hosting organization before you purchase any ticket.
All tickets and invoices must be submitted to the hosting organization for reimbursement.

The official currency used in Poland is złoty PLN.
1 PLN (zł) is worth around 0,25 euro. In most of the shops it is impossible to pay with euro but as we are far digitalized country, 95% of places accepts card payment. We recommend to have a Revolut account but check with your bank if the transactions will be free of charge.



SOMETHING ABOUT US

Europa Iuvenis Association have a 10 years of experience in youth projects in opolskie region (PL). Currently we are a team of 9 young people with dream to realese the potencial of young people in our region. We are working with youth councils, volunteers and student councils by mentoring and funding their projects and events. We also support their development.



This project coordinators are Magda and Amadeusz. Magda is a founder and president of our association and Amadeusz is experienced youth worker and youth councillor. Despite many differences we share a common ideas and devotion to work and support growth of participation level among youths



MAKE SURE TO BE WITH US

After your sending organisation confirms your participation please make sure to fulfill the participation form that you can find under this link or after scanning QR code:

<https://forms.gle/r72WDeZkN6XNKfoG6>



If you have any questions, you can also contact us
via WhatsApp: +48 576 241 707

SEE YOU SOON!!!