

MODERN ODYSSEY YEAR 3

21/05-09/07/2026

SOUTH GREECE



AN EPIC 50-DAY JOURNEY THROUGH GREECE

Embark on a 7-week journey through six eco and urban communities in South Greece. Together with a team of 15 volunteers and 2 coordinators, we'll travel in vans, embracing the backpacking spirit and building a shared, dynamic community along the way.

In each community, we'll dive into the principles of sustainable living, actively contribute to local projects, and foster solidarity with diverse groups. It's more than just an adventure this is an opportunity to grow, connect, and challenge ourselves on a personal level.

Odyssey only got to go home after 10 years of travelling - we squeezed this in 50 days. How will you return home?

HOP ON THE VAN, LET'S GO

THE JOURNEY

Join our transformative 7-week adventure across six carefully selected eco and urban communities in South Greece.

Our diverse team of 17 people will travel together in vans, embracing the backpacking spirit while forming a hop community. Like a modern version of Odysseus's journey - we've condensed his 10-year adventure into 50 unforgettable days.



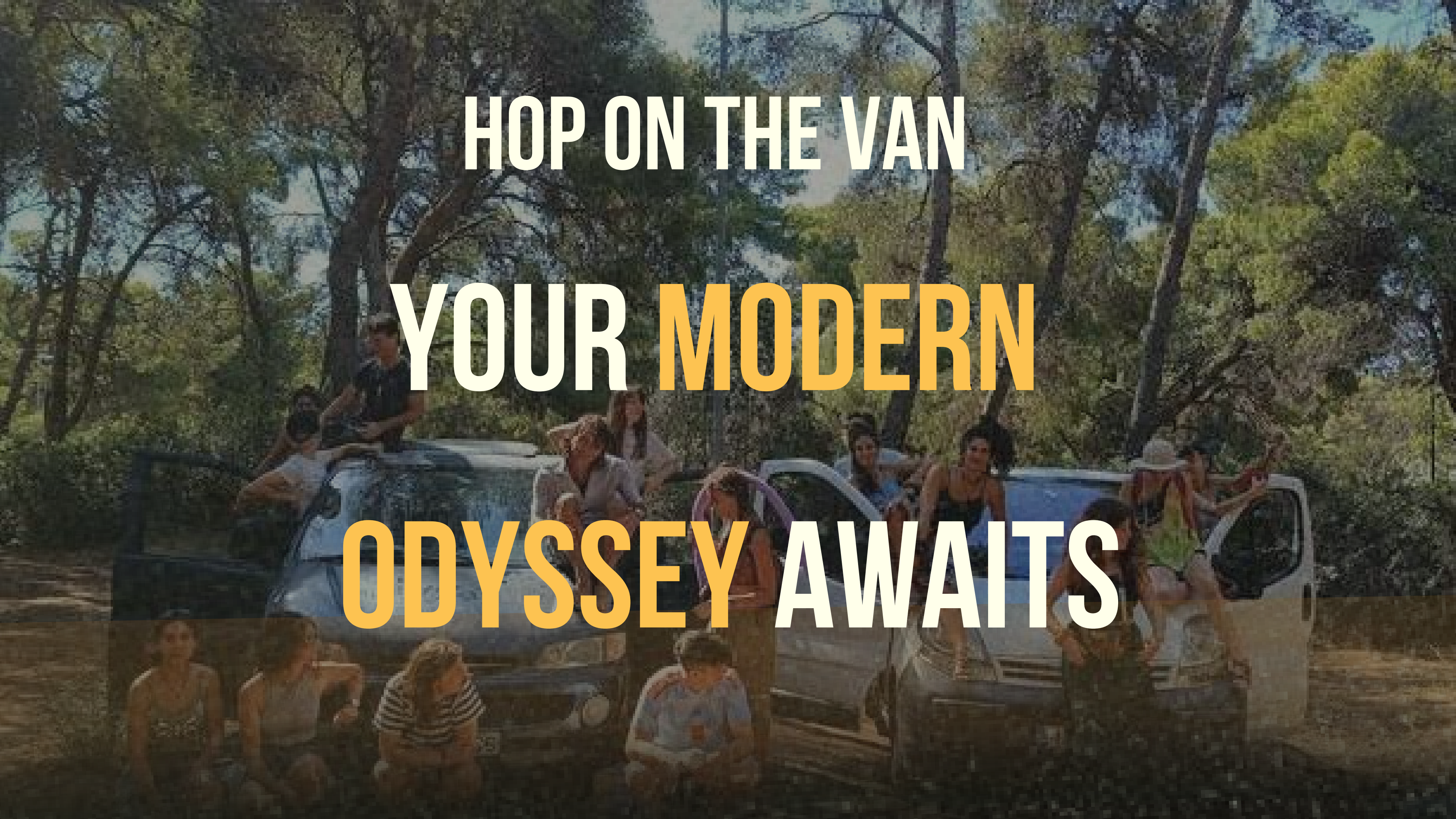


WHAT WE'LL DO

- Immerse in sustainable living practices
- Contribute to meaningful local projects
- Build solidarity with different community groups
- Focus on personal growth and development

OUR IMPACT

In each community, we'll learn, contribute, and create lasting connections. Just as Odysseus returned home transformed, how will this journey change you?

A group of approximately 15 young adults are posing around a white van parked in a wooded area. Some are sitting on the van's roof, others on the ground in front of it, and a few are leaning against the open side door. The scene is set in a sun-dappled forest with tall trees in the background. The overall mood is relaxed and adventurous.

HOP ON THE VAN YOUR MODERN ODYSSEY AWAITS



WHAT IS MODERN ODYSSEY

Modern Odyssey is a 3-year-long volunteering project funded by the EACEA.

It is a complex programme that uses green practices and community as a method to gain understanding about vulnerable groups and societal challenges. For this reason, we put a focus/theme/direction for each year:

Year 1: Migrants and refugees

Year 2: Addiction

Year 3: Mental and physical health

Modern Odyssey operates during specific, designated periods each year. These focuses serve as an intention, a sort of lens, that will support reflection and choice of certain communities. We also use travelling as part of our method, as the main way of learning about the world, and about oneself, too.

THE BIG PICTURE

Modern Odyssey is an innovative 3-year volunteering project funded by EACEA, operating during specific periods each year. Each year focuses on a different societal challenge:

UNIQUE METHOD

Travel isn't just movement – it's our primary tool for learning about:

- The world around us
- Different communities
- Ourselves

ANNUAL THEMES

Year 1: Migration and Refugees

Year 2: Addiction

Year 3: Mental and Physical Health (**Current Focus**)

OUR APPROACH

We combine three powerful elements:

- Green practices
- Community engagement
- Experiential travel

IMPORTANT NOTE

While Modern Odyssey is a 3-year program, each year's journey happens during a specific, concentrated period. Our annual themes serve as a lens through which we choose communities and shape our experiences.



ASPECTS EXPLANATION

- 50% of our project is focused on creating our own Community-Hop experience. We'll live, cook, sleep, travel, and work together to build our own home. It's an opportunity for us to live, learn, and grow as individuals and as a community.
- 25% of our project is all about getting our hands dirty with practical, hands-on work, prioritizing eco-friendly practices. From building to planting and fixing, we'll dive into tasks that make a real impact, shaping our environment while learning valuable skills along the way.
- 25% of our project is dedicated to creating content for social media, including pictures, promotional videos, podcasts, and small documentaries. We'll collaborate and learn from each other to enhance our creative skills and share our journey with the world.

THE THREE PILLARS

A photograph of two indigenous people in a dry, arid landscape. On the left, a person wearing a grey hat and a dark loincloth is crouching, holding a yellow object. On the right, a person wearing a large, wide-brimmed straw hat and a red loincloth is also crouching. The ground is sandy and sparsely vegetated with small green plants. The title 'THE THREE PILLARS' is overlaid in large, bold, yellow capital letters across the center of the image.

50%

COMMUNITY LIVING

- Creating our unique Community-Hop experience
- Living, cooking, and traveling together
- Building our temporary homes in each location
- Growing individually and collectively
- Supporting each other's journey



25%

HANDS-ON IMPACT

Engaging in practical eco-friendly projects

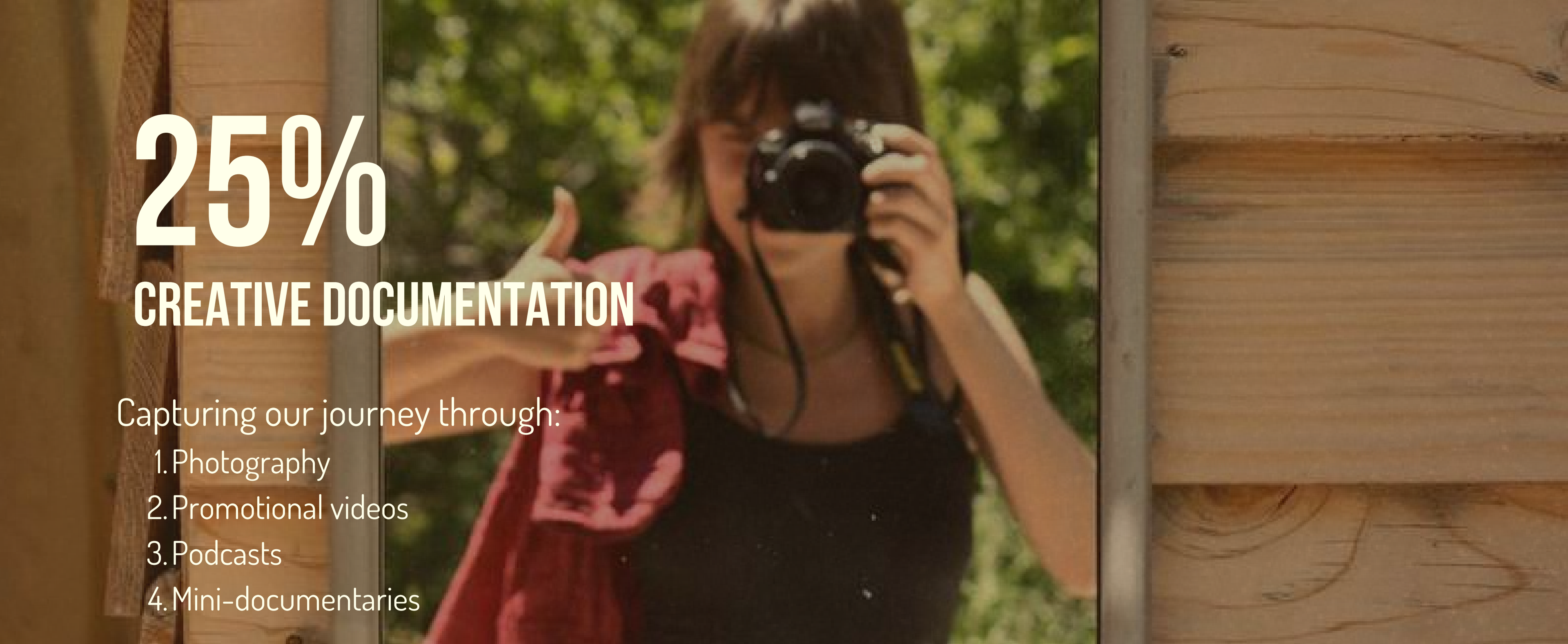
Contributing through:

1. Construction and building
2. Gardening and planting
3. Maintenance and repairs

Learning sustainable skills

Making tangible community impact





25%

CREATIVE DOCUMENTATION

Capturing our journey through:

1. Photography
2. Promotional videos
3. Podcasts
4. Mini-documentaries

Developing media skills

Sharing our story with the world

Building a lasting digital legacy

Note: These three aspects work together to create a holistic experience, combining community living, practical action, and creative expression.

MODERN ODYSSEY: JOURNEY OVERVIEW



WEEK 1

WEEK 2

WEEK 7

WEEK 8

WEEK 1: PRE-DEPARTURE IN ATHENS

- Arrival & team building
- Project preparation
- Community guidelines
- Logistics planning
- First community introduction

A background image showing a lush green forested mountain. In the foreground, there are string lights with white globe bulbs hanging across the frame. The text 'WEEK 1' is overlaid on the left side of the image.

WEEK 1

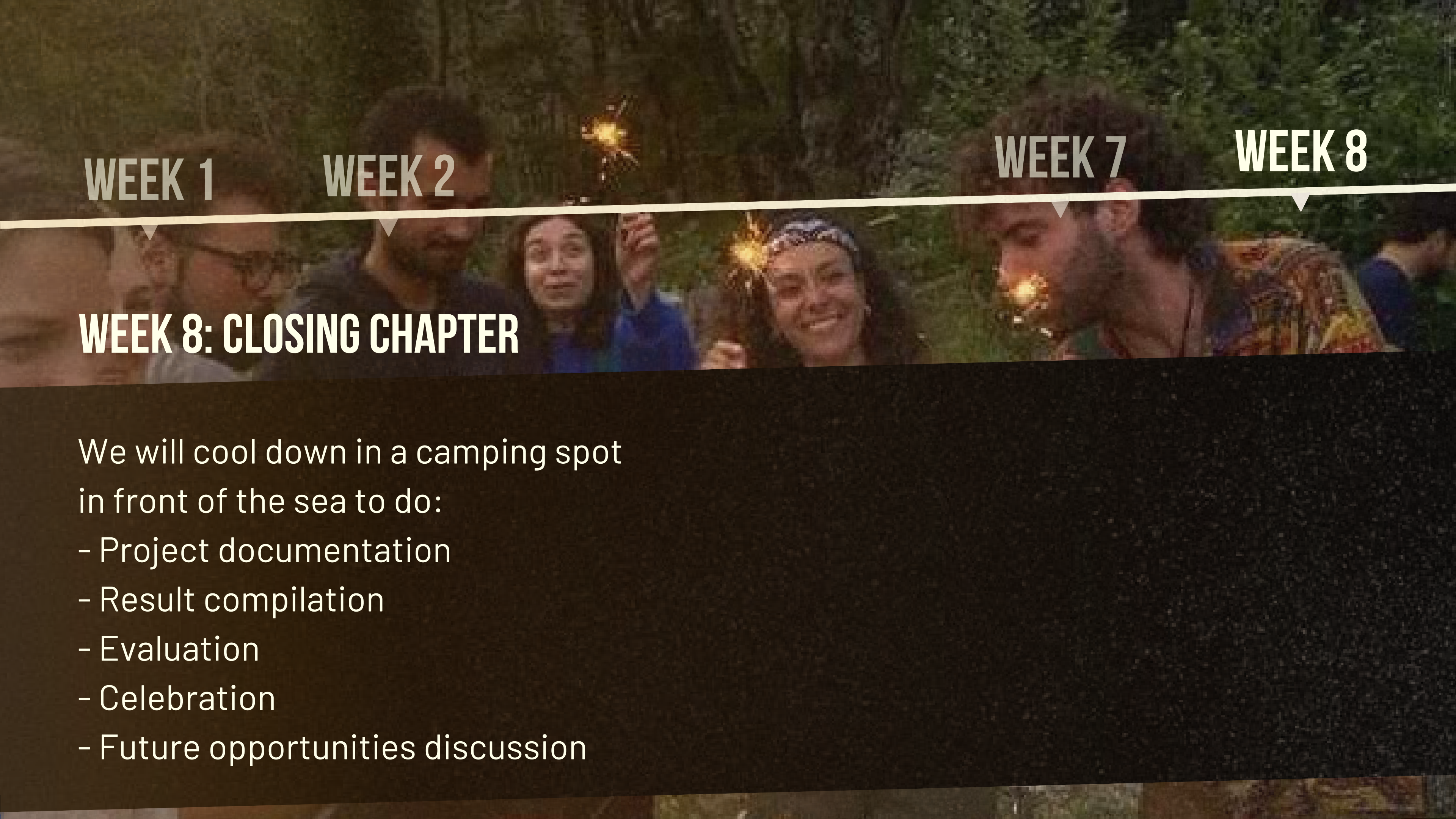
WEEK 2

WEEK 7

WEEK 8

WEEKS 2-7: COMMUNITY HOPPING

1. Poretsou Monastery : is a monument that hosts and boost ecotourism, agrotourism and pilgrimage tourism in the area
2. Liveloula : is Holistic Natural Living with a focus on Non Violence, Ecology and Self Sustainability
3. Yamochori An eco-project founded in 2020 by young innovators, serves as a hub for exchanges, training, and volunteer programs. Post-COVID, they sought a sustainable, purpose-driven alternative to city life. Their focus includes natural building, farming, recycling, and minimizing ecological impact.
4. Hopeland An educational eco-community built with love and natural materials. It offers a space for learning, creativity, and connection, guided by sustainability, accountability, synergy, and hope.
5. Argos Urban Experience: supporting local organisations in relation with the focus of the year
6. Wheeling2Help : is an NGO that, through social actions and solidarity trips, which also strives to make an eco-space

A group of people are gathered at night, holding and lighting sparklers. The scene is dimly lit, with the primary light source being the bright sparks from the fireworks. A white timeline line runs horizontally across the upper portion of the image, with small downward-pointing triangles marking specific points. Labels for 'WEEK 1', 'WEEK 2', 'WEEK 7', and 'WEEK 8' are placed above the line. A large, bold label 'WEEK 8: CLOSING CHAPTER' is positioned on the left side, overlapping the timeline and the background image.

WEEK 1

WEEK 2

WEEK 7

WEEK 8

WEEK 8: CLOSING CHAPTER

We will cool down in a camping spot
in front of the sea to do:

- Project documentation
- Result compilation
- Evaluation
- Celebration
- Future opportunities discussion

A woman with curly hair, wearing a grey baseball cap and a blue tank top, is working on a wooden structure in a field. She is smiling and looking towards the left. The background shows tall grass and trees under a bright sky.

TIMELINE

ARRIVAL: 21 MAY

PROGRAM STARTS: 22 MAY

PROGRAM ENDS: 8 JULY

DEPARTURE: 9 JULY



A WEEK IN MODERN ODYSSEY

OUR WEEKLY

RHYTHM

MONDAY: TRAVEL & TRANSITION

- Pack up and hit the road
- Arrive at new community
- Set up our temporary home
- Welcome introduction from host community
- Get oriented to our new surroundings

TUESDAY TO FRIDAY: IMPACT DAYS

- Engage in practical community projects
- Contribute to local initiatives
- Learn new skills
- Document our experiences
- Friday evening: Group reflection and sharing circle

SATURDAY: CULTURE & CONNECTION

- Embrace local culture
- Participate in community events
- Join local festivals when available
- Organize activities with nearby villages
- Create meaningful connections

SUNDAY: REST & RESET

- Free day for personal time
- Relax and recharge
- Reflect on experiences
- Prepare for the next journey
- Light preparation for Monday's transition

A man with dark hair and a mustache, wearing a red t-shirt, is shown in profile from the waist up. He is holding a small, glowing yellow orb in his open palm, looking at it with a smile. The background is a sunset or sunrise over a body of water, with a city skyline visible in the distance. The sky is a mix of blue, orange, and yellow. The text is overlaid in the center of the image.

**This weekly rhythm repeats throughout our 7-week adventure,
creating a perfect balance of work, cultural immersion, and
personal growth.**

LOGISTICS



01 : POCKET MONEY

Receive 6€/day to cover your daily living expenses.

03 : REIMBURSEMENT

Travel costs are reimbursed based on the distance between your home and Athens.

05 : YOUTH PASS

Receive a YouthPass certificate to reflect on and assess your learning journey.

02 : FOOD

Meals will be available at each location and you'll be involved in the cooking.

04 : INSURANCE

In addition to the European Health Insurance Card, private insurance will also be provided.



PARTICIPANTS PROFILE



BASIC REQUIREMENTS

- Age: 18-30 (as of May 8th, 2025)
- Legal residency in Erasmus+ programme countries
- No visa requirements for Greece



ESSENTIAL QUALITIES FOR ALL PARTICIPANTS

- Adaptable to basic rural living conditions for 7 weeks
- Open-minded and community-oriented
- Ready to embrace challenges
- Willing to contribute to daily tasks:
Farming, Building, Cooking, Cleaning, Community maintenance

SOCIAL & CULTURAL ASPECTS

- Eager to work with diverse cultures
- Committed to building a nurturing community
- Ready to practice active listening and communication
- Willing to share and learn from others

SPECIAL CONSIDERATION

Priority will be given to individuals who:
have faced mental or physical health challenges or
acted as carers for those who have



MEDIA TEAM POSITIONS (2-3 SPOTS)

We're seeking a few dedicated **volunteers** to lead our media documentation:

- Photography and videography
- Video editing
- Podcast creation
- Social media management
- Content creation and storytelling

Note: While all participants will support documentation activities, these specific roles are for those who will primarily focus on creating and managing our media content.

OUR TEAM



MICHAELA NASIAKOU
Coordinator



MARITINA ASTRA
Project Manager



ORIANA PANTE
Communication Officer



GONZALO DEL PRISCO
Mentor



ELEFThERIA KARAGIANNI
Administrative Manager



ABOUT ROES COOPERATIVA



A social cooperative enterprise of the '20s created by professional trainers, social workers, project managers and informal groups aiming to create an alliance that hosts innovative, experiential and non-formal education approaches.

Within their so called 'learning streams', they develop learning experiences for their beneficiaries such as learning & training programmes, internship placements, workshops, volunteering opportunities, and other learning projects.

You can find more about Roes Cooperativa [here](#).

PROJECT STREAMS

OUTDOORS



HANDS-ON



VISUAL MEDIA



ENVIRONMENT



"Roes," meaning "streams" in Greek, symbolizes the diverse methods we integrate to create a holistic and dynamic learning experience.

APPLY NOW



Curious to know more?
Dive into Year One experience

PARTNER ORGANISATIONS



ROES COOPERATIVA | GR
projects@roes.coop



NEW WELLNESS EDUCATION APS | IT
newwellnesseducation@gmail.com



TICKET2EUROPE | SP
comunicacion@ticket2europe.eu



UNIT
info@ngo-unit.org

CONTACT US

Email	<u>projects@roes.coop</u>
Facebook	<u>Roes Cooperativa</u>
Instagram	<u>@roes.coop</u>
LinkedIn	<u>Roes Cooperativa</u>
YouTube	<u>Roes Coop</u>

