



LA VIE LÄ-HAUT 2

WHAT DOES IT MEAN, LIVING IN THE MOUNTAINS ?

GENERAL INFORMATIONS

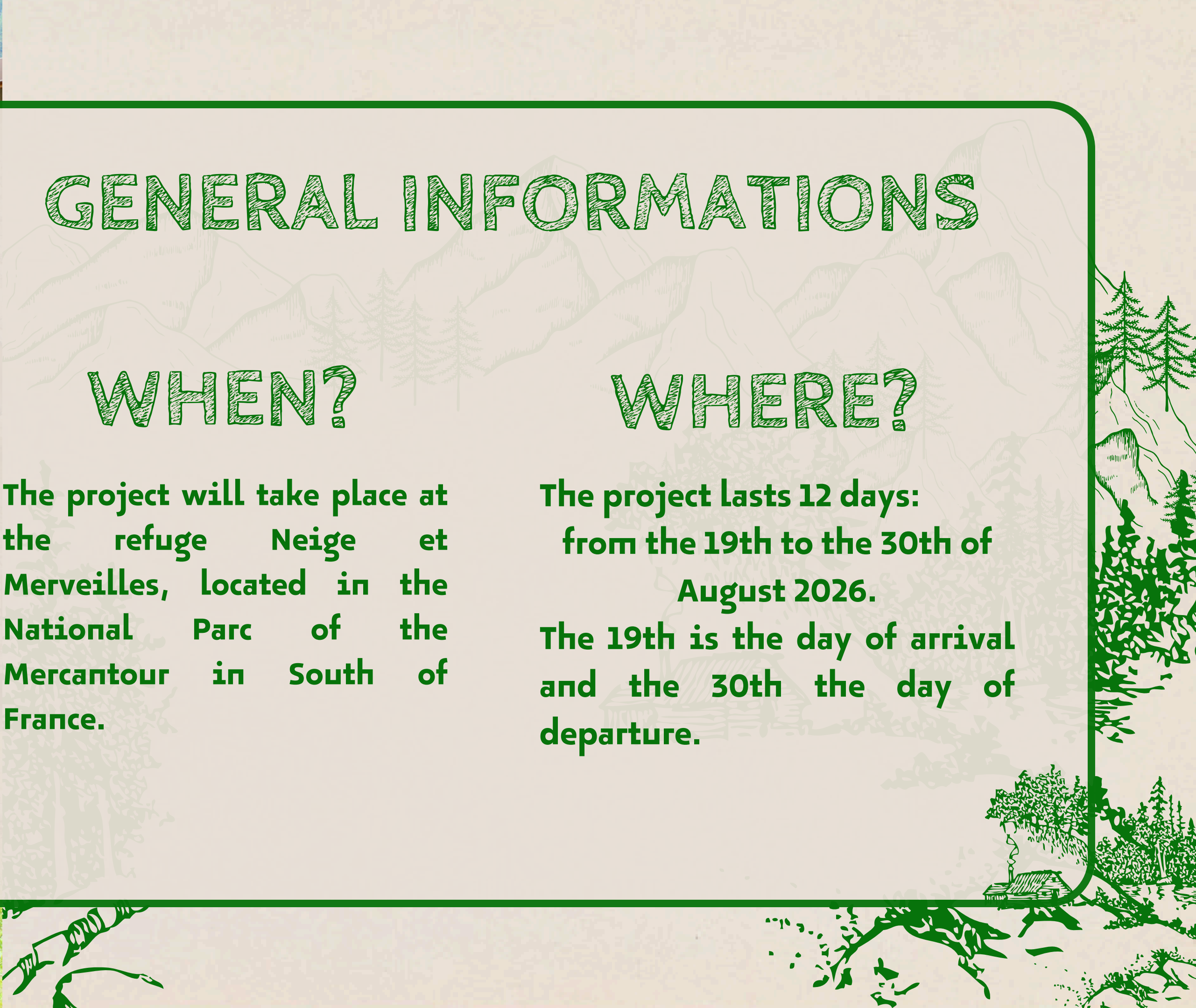
WHEN?


The project will take place at the refuge Neige et Merveilles, located in the National Parc of the Mercantour in South of France.

WHERE?

The project lasts 12 days:
from the 19th to the 30th of
August 2026.

The 19th is the day of arrival
and the 30th the day of
departure.





WHAT IS THE TOPIC?

The youth exchange La Vie Là-Haut 2 is a project to discover what it means to live in the mountains, more specifically in the Roya Valley and in the surrounding mountains. We will meet local inhabitants of the valley and summits: humans, animals and plants.

This exchange involves a significant amount of participation in practical workshops to help maintain the refuge where we will be staying. We will also share many moments of communal living and experience life in a community.

WHO CAN PARTICIPATE?

The project is aimed for people aged between 18 and 30 from Italy, Spain and France who are available and motivated to spend twelve days in the mountains!

No language requirements are necessary.

There will be one Youth Leader per national group.

