

R.I.S.E. Viterbo (Rural Inclusion and Social Engagement)

*European Solidarity Corps program on Social
Inclusion - Rural Development - Farming*

from July 2026

12 months

Viterbo, Italy



ALICENOVA

Project aim

In line with the objectives of the ESC, the project

- Promote social inclusion and rural development
- Support people with disabilities, migrants, and vulnerable groups
- Encourage autonomy and active participation in the community
- Foster intercultural exchange between volunteers and beneficiaries
- Develop personal and social skills of volunteers

About the project

Where?

Viterbo, Italy

01

03

Who?

8 volunteers, aged
18-30, living in EU
member countries:
4 starting in July
4 starting in
September

When?

Starting
in July or
September 2026

02

04

How long?

12 months

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Who is MUOVIMENTE?

THE COORDINATING ORGANISATION

Muovimente is a social cooperative founded in 2007 by four partners with diverse professional backgrounds, united by a passion for social impact and non-formal education.

It promotes active citizenship by encouraging individuals to take an active role in society.

The cooperative facilitates connections and works with public and private organizations, groups, and individuals.

Its activities focus on training, mobility, and responsible tourism projects.

Its approach is practical and experiential, based on group work rather than traditional lectures.

Who is ALICENOVA?

THE HOSTING ORGANISATION

ALICENOVA is a social cooperative operating between Rome and Viterbo, involving over 500 workers in projects that generate both social and economic value. The cooperative promotes social inclusion, professional development, and collaborative career pathways, while contributing to local development and a welfare system focused on growth.

ALICENOVA's activities are grounded in core values such as equal opportunities, the right to work, democracy, freedom of expression, solidarity, and mutual support. These principles guide its daily actions, fostering shared responsibility, cooperation, fairness, and respect for each individual. To learn more about its projects, visit: <https://www.alicenova.it>

We support you with



ACCOMODATION

Shared flat with all facilities and comforts; a shared kitchen; double rooms. Volunteers accommodated according to gender.



FOOD

We are providing a monthly allowance to buy food. Meals will be organized by the volunteers, house has a shared kitchen fully equipped .

We support you with



MONTHLY ALLOWANCE

Every volunteer receives a monthly allowance at the beginning of the month:

- Pocket money: €6 per day (€180/month)
- Food allowance: €6 per day (€180/month)

Total: €360 per month



TRANSPORT

Volunteers receive a yearly travel pass for buses which enables them to use COTRAL public bus transportation within the zone

Place of activity #1

Biological - social farm

Social farming includes farming practices aimed at promoting disadvantaged people's rehabilitation, care and the integration of people with 'low contractual capacity' (i.e.: psychophysical disabilities, drug addicts, minors, emigrants). The special added value of social farming is the possibility for disadvantaged people to be integrated in a living context, where their personal potential may be valued and enhanced. The presence and the relationship with the farmers, the contact with other living beings - animal and vegetal ones - , the assumption of specific responsibilities are some of the key features of the rehabilitative practices operated in the host organisations.



Place of activity #2

Daily center with people with special needs

Social farming includes farming practices aimed at promoting disadvantaged people's rehabilitation, care and the integration of people with 'low contractual capacity' (i.e.: psychophysical disabilities, drug addicts, minors, emigrants). The special added value of social farming is the possibility for disadvantaged people to be integrated in a living context, where their personal potential may be valued and enhanced. The presence and the relationship with the farmers, the contact with other living beings - animal and vegetal ones - the assumption of specific responsibilities are some of the key features of the rehabilitative practices operated in the host organisations.



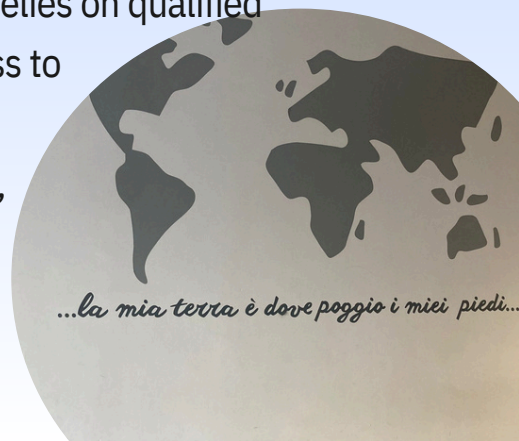
Place of activity #3

Migrant center

The migrant center is involved in reception projects for asylum seekers in various municipalities in the province of Viterbo. Its reception project offers beneficiaries a structured path that takes into account their rights and duties, expectations, personal characteristics, life history, and cultural and political context of origin.

The center focuses on supporting highly vulnerable individuals, particularly those coming from war zones or extreme poverty, who need multi-level assistance.

To address diverse needs, it relies on qualified professionals providing access to healthcare, legal, and social services, including educators, cultural mediators, social workers, psychologists, and legal advisors.



Tasks of volunteers

- **Volunteers will help caretakers and actively participate, together with wards, in the activities.** In both types of activity (in the farm or in the center) volunteers will be supported by the workers, caretakers and other Italian volunteers. During all the work time **we are expecting their help, attention and openness to new suggestions.**
- To experience all the workplaces, the volunteers will rotate between the different activities.
- **Volunteers will have activities from Monday to Friday, usually 6 hours per day** (the total won't exceed 35 hours, including Italian lesson and meal time when they are part of the activities).
- **Volunteers will have two days off every month** to take whenever they would like.

Volunteers profile

- **Interested in social work and inclusion**, with a strong motivation to support people with disabilities and migrants.
- **Adaptable, flexible, and proactive**, with a willingness to learn, take initiative, and grow through experience.
- Committed to putting oneself at the service of others, showing **availability, empathy, and strong listening skills**.
- Able to work effectively both in a team and within an intercultural environment, maintaining an **open-minded attitude** at all times.

About Viterbo, Italy



Viterbo is a historic city in central Italy, located in the Lazio region, just a short distance from Rome. It is especially renowned for its remarkably well-preserved medieval center, with charming narrow streets, ancient buildings, and an authentic atmosphere that reflects its rich history.

The city also enjoys a strategic location surrounded by beautiful natural landscapes, including volcanic lakes such as Lake Bolsena and Lake Vico.

Thanks to its good connections to Rome, Viterbo offers an ideal balance between cultural heritage, natural beauty, and accessibility.



Join us!

The selection process of volunteers will be done by making an analysis of **CVs** and **motivation letters** of any candidates who will apply through the EYP. After an initial triage, we will conduct a **30 minute ZOOM interview** with each of selected candidates.

To apply, fill the application form at this link:

https://youth.europa.eu/solidarity/opportunity/51680_en

and fill in the google form here:

<https://forms.gle/n6XmB1ris8bkJ4xm8>

Deadline: 31.05.2026

We will contact you as soon as possible!

Good Luck!

Thank you!

For more info please visit our official website
www.muovimente.it



https://www.instagram.com/muovimente_cooperativa/



<https://www.facebook.com/CoopMuovimente/>

Contact and information:

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