

Youth Exchange

Exploring Personal
and Collective Identities
Through Fanzine-Making

From 06 to 13
of october 2026



(Un)Folding Identities

ABOUT THE PROJECT

(Un)Folding Identities is a Youth Exchange of 6 days (plus travel days) that brings together 25 young people from 5 different countries to explore the different dimensions of identity in a creative, inclusive, and intercultural environment. Through dialogue, artistic expression, and collaborative learning, participants will reflect on both personal and collective identities, addressing topics such as culture, belonging, diversity, gender, sexual orientation, stereotypes, and shared values.

During the project, the participants will participate in different creative and artistic workshops, to discover different techniques and tools for self-expression through fanzine-making. Fanzines, as accessible and independent forms of publication, will serve as a medium for young people to share experiences, perspectives, and stories while learning from one another's realities and backgrounds.



The exchange aims to create a safe space where diversity is celebrated and where participants can develop a deeper understanding of themselves and others. Through non-formal education methods the participants will strengthen their creativity, critical thinking, and intercultural competences.

OBJECTIVES

1: To explore personal and collective identity helping young people reflect on who they are and how they relate to others.

2: To learn and practice fanzine-making techniques as a creative tool for expression and communication.

3: To develop creativity and inspiration through artistic experimentation and the transformation of ideas into visual and written formats.

4: To promote intercultural learning by bringing together young people from different countries to share experiences, exchange perspectives, and learn from each other.

The project will end with the presentation of a collective exhibition showcasing the fanzines produced during the week. This exhibition will be open to the local community to share the work and reflections created during the exchange and to encourage dialogue with people outside the project.

PARTICIPANTS PROFILE



We are looking for 4 participants and 1 youth leader per country, aged 18 to 30 years old.

We are searching for young people who:

- Are **interested in art, creation, and hands-on/manual creative activities.**
- Are **curious about culture, identity and sharing personal and collective experiences.**
- Have **basic communication skills in English** as it will be the working language of the project (a perfect level is not required; motivation to learn and improve is more important).
- Are **motivated, proactive and eager to learn by doing and from others**
- Are **committed to fully participating in all sessions and activities throughout the project** (attendance is mandatory).

YOUTH LEADER PROFILE

The youth leader should ideally have **previous experience in Erasmus+ projects** and be able to support and guide less experienced participants within their national group.

TRAVEL COSTS

TRAVEL DISTANCE	TRAVEL LIMIT PER PARTICIPANT IN EUROS	GREEN TRAVEL* LIMIT PER PARTICIPANT IN EUROS
10-99 km	28€	56€
100-499 km	211€	285€
500-1999 km	309€	417€
2000-2999 km	395€	535€

*GREEN TRAVEL refers to using low-emission transportation to reduce environmental impact for the majority of your journey, such as buses, trains, or carpooling.

TRAVEL CONDITIONS

Travel costs will be reimbursed in accordance with the funding rates established by the Erasmus+ Programme.

Travel expenses will be reimbursed to the sending organization max. 2 months after the project concludes.

DO NOT BUY any tickets before receiving confirmation from the hosting organization!

The team leader must send the travel proposal to the contact email of La Vibria. The team should only buy the tickets after confirmation, otherwise the tickets might not be reimbursable.

Participants must keep and then send all the travel documents in their original form, including invoices, boarding passes, receipts or tickets they use during their travel. This is important for the reimbursement process to happen.

If you require a VISA, the costs related to the visa application process will be covered in accordance with the Erasmus+ programme rules. Please contact your sending organisation, which will support and guide you throughout the visa application process.



You must travel in the most efficient way available: it is recommended to choose the cheapest and the greenest option for travel.

Taxis cannot be reimbursed.

EXTRA DAYS: You can choose to travel a maximum of 2 days before or after the project. The accommodation and food for extra days will NOT covered by the project.

In case of green travel participants have 2 travel days for the arrival and another 2 travel days for the departure. We ask you to inform us in advance in case you want to use green travel.

HOW TO GET TO TERRASSA

BY PLANE

Take a plane until the "Barcelona El Prat" airport.
Once there:

OPTION 1: (from Terminal 1 and 2)

- Take the Aerobus A1 or A2 to "Plaça Catalunya"
- Find the FGC Ferrocarrils station, buy a ticket to Terrassa and take the line S1 until "Terrassa Estació del Nord"

OPTION 2: (from Terminal 2)

- Find the train station in Terminal 2. Buy a ticket to Terrassa
- Take the train "R2 Nord" until "Barcelona Sants" station
- Change platform and take the train "R4" until "Terrassa Estació del Nord" station

Walk 6 minutes until the "Alberg de Vallparadís" (Carrer de Alcalde Parellada, 2)



Try to arrive before 20:00 CET
so we can have a welcome dinner together.

BY TRAIN

Take a train until "Barcelona Sants" station

- In the station, find the part of the RENFE trains and buy a ticket to Terrassa
- Take the train "R4" until "Terrassa Estació del Nord" station

Walk 6 minutes until the "Alberg de Vallparadís" (Carrer de Alcalde Parellada, 2)



BY BUS

Take a bus until "Barcelona d'Autobusos Nord" station

- Go out of the station to find the metro/Renfe station "Arc de Triomf"
- Buy a RENFE ticket to Terrassa (not the same than metro ticket)
- Take the train "R4" until "Terrassa Estació del Nord" station

Walk 6 minutes until the "Alberg de Vallparadís" (Carrer de Alcalde Parellada, 2)



ACCOMMODATION



The participants will be accommodated in big shared rooms with bunk beds, separated by gender. The rooms are equipped with bed sheets and 1 towel per person. There is a WiFi connection in the hostel.

Address: C/ Alcalde Parellada 2, Terrassa

"Alberg Vallparadís" is a hostel located close to the city center, in a quiet area. It's surrounded by the largest local park, Vallparadís which is ideal for walks, sport, and activities.



TERRASSA



Terrassa is located in the province of Barcelona, and is the co-capital of Vallès Occidental. With a population of 225.274 (2023), it's the third biggest city in Catalonia after Barcelona and L'Hospitalet. Terrassa has been inhabited since prehistory. During Roman times it was known as Egara and there are still important remains from the Middle Ages. It was one of the leading Spanish cities of the industrial revolution which really shaped the city. There are a lot of modernist buildings from that time in the city, and some factories can still be found in the middle of residential neighbourhoods. Even if this is not the most touristic city of Catalonia, there are some interesting spots to see!



WHAT TO BRING

Everything you will need for a few days away from home! In October, Terrassa is usually quite warm during the day, but cooler in the evenings with a mix of sun and some clouds (and a chance of rain).

We recommend checking the weather before packing your suitcase, as it can change quickly.

Personal hygiene items: toothbrush, toothpaste, shampoo, shower gel, sunscreen, etc. Alberg Vallparadis provides bed linen and towels but there are no hairdryers.

Reusable water bottle, to avoid plastic waste.



It's mandatory to have a medical insurance (i.e. European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. It is recommended to have valid travel insurance (not covered by the project).

You're welcome to bring any card game, board game or activity to enjoy during the free time and also to share with others during the evenings.

INTERCULTURAL EVENING

During some evenings of the project, each country group will have the opportunity to present its own culture. The idea is that each group prepares a short presentation about their country in a creative format of their choice (game, dance workshop, quiz, or any other interactive activity). All formats are welcome, the more creative and fun, the better!

In addition, each group is invited to bring some traditional snacks to share with the others. Please note that it will not be possible to cook at the venue, so all food should be ready to eat.

WORKSHOP TO PREPARE

In addition, during the project, each group will have the opportunity to lead a 45-minute creative workshop.

This workshop should be prepared in advance with the support of your group's Youth Leader.

We will provide all the necessary materials.

Don't worry—we will explain everything in more detail before the project starts and make sure you have plenty of time to prepare your workshop.

ABOUT US

La VÍbria Intercultural was founded in 2003 with the mission to promote values of diversity and interculturality among young people and society in general through international mobility experiences and sociocultural initiatives based on non-formal education. Since then, La VÍbria works to motivate participation, active citizenship and encourage young people to develop critical thinking.

ADVISE ON YOUTH MOBILITY

Our international mobility advisors help and guide youngsters to find opportunities abroad that fit their interests. We are present on 6 youth information points of the region.

COL-LECTIU GREENFLUENCERS

This is a group of local youngsters that promote actions to create awareness about climate change and environmental issues.

RADIO VÍBRIA

Our radio studio is always open to discuss social topics, promote active participation and create community.

LAURA

I am part of La VÍbria's team and I will mainly be in charge of the logistics of the project,

helping with the practical side of the exchange.

I really enjoy being in contact with people, creating welcoming spaces, and exploring new ways of learning through creativity and group dynamics. I will also facilitate some activities during the project and support the participants throughout the experience.



THE PROJECT TEAM



LÉA

I am a graphic designer and Communication Manager at la VÍbria. Art and creativity

have always been an integral part of my life. Drawing, painting, collage, photography, and all other forms of creative expression inspire me every day. I will be responsible for this project and will facilitate the various creative workshops.



MARTA

My main role at La VÍbria is to advise young people who want to live an experience

abroad, although I also take care of part of the communication in this entity! I also come from an artistic field thanks to my training as a 2D animator and illustrator. I love everything that has to do with art, graphic and audiovisual design, handicrafts... In this project I will be one of the facilitators of the activities and workshops.



YOU

SEE

(Un)Folding Identities

SOON!

